THE FIFTH ANNUAL

# STREATHAM FCOD FESTIVAL

THURSDAY 5 - SUNDAY 8 JUNE 2014

www.streathamfoodfestival.com

Welcome to the fifth annual Streatham Food Festival – another feast of foodie delights, right on your doorstep. Over the course of four days we'll be showcasing Streatham's vibrant food scene, giving you the chance to try some of the best places to eat and drink in South London.

WELCOME

Kicking things off, the Streatham Food Tour once again invites you to take a food tour of the world in Streatham with taster plates available in 29 local eateries. Last year's tour proved to be a big hit and we're expecting an even bigger turnout in 2014. Check out our map on p6–9 for full details and to start planning your tour!

Our Sunday Food Fair also returns to Streatham Green with a fantastic line-up of stalls and entertainment for the whole family. The Green came alive in 2013 and this year's event has even more on offer with the return of old favourites plus new additions including boozy ice cream, Pakistani street food and dim sum - yum.

We're delighted to be supporting food growing in schools, with Hitherfield's Herby Bread Session and new planters going into St Andrew's. Adults can get in on the act too, with growing sessions at Gracefield Gardens Health Centre; while freshly harvested, locally grown produce will be available to eat at Streatham Common Community Garden's Victorian Cooking Class, and Sutton Community Farm's VegBox Dinner. What a treat.

Lots of Streatham businesses are getting into the festival spirit with their own events including

www.streathamfoodfestival.com





@streathamfood





Of course, the festival couldn't happen without the help of lots of people and we'd like to give particular thanks to our sponsors for making it possible. Huge thanks also to our brilliant team of staff and volunteers, our partners, supporters, performers, businesses - and to you, the community, for getting involved and making the festival so much fun.

We look forward to seeing you there!

#### Pauline Milligan, Festival Director

InStreatham is proud to sponsor this year's Streatham Food Festival. Streatham is an exciting and diverse place with a wealth of eateries from across the globe. Tapas, pizza, meze, sushi - we really do have it all. So get involved and celebrate Streatham! And if the Food Festival has left you hungry for more, please visit www.instreatham.com for details of all the places to eat and drink locally.

#### Louise Abbott, InStreatham BID Manager



#### PLAN YOUR WEEKEND WITH OUR FESTIVAL CALENDAR

#### THUR 5 JUNE

Hitherfield's **Herby Bread** Session (p4) Pupils at Hitherfield

Primary School will make herby breads with the help of a local food grower and an artisan baker.



#### Streatham Food Tour (p6-9) 6pm-10pm Take a food tour of the world in Streatham with taster

menus available in 29 local eateries.



#### FRI 6 JUNE

#### Food Growing at St Andrew's (p4) The school's Eco-Team will start learning to grow.

#### **Sutton Community** Farm's VegBox **Dinner** (p4)

7.30pm-10pm Enjoy a 3-course meal made using ingredients from Sutton Community Farm's weekly VegBox.



#### Streatham Food Tour (p6-9) 6pm-10pm

The tour continues. Take the opportunity to experiment and try something new!

#### SAT 7 JUNE

**Coping with Fussy** Eaters (p5) 10am-12pm

Serendipity in the Enchanted Garden (p5) 10am-5pm

**Strawberry Tea** at Mediworld (p5) 11am-3pm

Lambeth GP Food Coop Food **Growing Sessions** 

(p5) 11.30am and 1pm

#### Streatham Food Tour (p6-9) 12pm-10pm The final day of the

tour - how many restaurants can you visit in 10 hours?

**Plus: special** restaurant events (p12)

SUN 8 JUNE

#### Sunday Food Fair (p10) 11am-5pm

Join us on Streatham Green for a fabulous day of food, music and fun.



Victorian **Cooking Lesson** (p11)

#### 10.30am-12pm

Rachel de Thample leads an outdoor cooking session at Streatham Common Community Garden.

#### **Boyce da Roca** Festival Supperclub (p11) 8pm-11pm

A celebratory supperclub marks the end of the festival.

#### HITHERFIELD'S HERBY BREAD SESSION

#### Thursday 5 June **Hitherfield Primary School**

To kick-off this year's festival, a class of Year 1 pupils at Hitherfield Primary School will have the opportunity to make herby breads with Duncan Salisbury-Gaumont, founder of Streatham's new bakery, Elephant Bakehouse.

In the morning, local grower and horticultural educator Jenny Hindson will lead a session on herb-growing, giving children the chance to learn about different varieties of herbs as well as planting herbs to grow over the coming months.

In the afternoon, Duncan will teach the pupils all about real bread while they knead and shape their own foccacias, to which they'll add freshly picked herbs before baking.

Hitherfield Primary is leading the way on food growing with their new Edible Playground - we're excited to see how it develops over the coming year.

www.elephant-bakehouse.co.uk www.hitherfield.co.uk www.treesforcities.org/edible-playgrounds SUTTON COMMUNITY 'FARM'S VEGBOX DINNER

#### Friday 6 June **St Andrew's Catholic Primary School**

FOOD GROWING

AT ST ANDREW'S

Morrisons' Store Manager Steve Higgins has been working hard over the past few months to build planters out of recycled timber pallets from the store. The planters will be installed at St Andrew's Catholic Primary School during the festival week, followed by a food growing session with the school's Eco-Team, led by Steve. The Eco-Team will be managing the planters on an ongoing basis, documenting their progress and sharing it with the wider school. We look forward to seeing what they grow!

With thanks to Steve Higgins and Morrisons for providing the planters and all of the supplies.

www.st-andrewsrc.lambeth.sch.uk www.morrisons.co.uk/letsgrow Please note: these events are not open to the public

#### Friday 6 June, 7.30pm–10pm **Streatham Stables at The White Lion** 232 Streatham High Road, SW16 1BB

Sutton Community Farm have partnered with a top London chef from one of the restaurants they supply, to create a pop-up dining event. Enjoy a three-course meal (suitable for vegetarians) created from the contents of one of the farm's weekly VegBoxes. Feast on seasonal, local produce, grown using organic principles, whilst supporting your local community farm in the process. The evening will be peppered with entertainment from some of London's enigmatic folk musicians.

Please note: drinks and alcohol available from the paid bar.

#### Price: £18 for three courses.

Places are limited so booking is essential via www.vegboxdinner.eventbrite.com

#### www.suttoncommunityfarm.org.uk www.whitelion.org.uk



# COPING WITH FUSSY EATERS

#### Saturday 7 June, 10am-12pm **Cavendish Lodge Nursery School** 52 Lewin Road, SW16 6JZ

Toddler hate fish? Baby avoiding veg? Worried about your child's unbalanced diet?

Cavendish Lodge Nursery School have teamed up with 'Mama Knows Best' parenting adviser, Jenny Neville, to devise this special session of advice, tips and tactics, plus tastings and recipes to take away. There will be plenty of time for your questions too.

Entry: FREE, but places are limited so booking is essential by emailing info@cavendishlodgenursery.co.uk.

www.cavendishlodgenurserv.co.uk www.mamaknowsbest.org.uk



#### STRAWBERRY TEA AT MEDIWORLD

#### Saturday 7 June, 11am–3pm Mediworld

#### 444-446 Streatham High Road, SW16 3PX

Indulge yourself by choosing from a delicious range of home-baked cakes and pastries. You can even feel good about stocking up on sweet treats as all proceeds go to a very worthwhile cause - the charity Breast Cancer Care.

Entry: FREE, no booking required.

www.mediworld.co.uk www.breastcancercare.org.uk/strawberry-tea

#### SERENDIPITY IN THE ENCHANTED GARDEN

#### Saturday 7 June, 10am–5pm Serendipity Tea Rooms 241-243 Streatham High Road, SW16 6EN

Lovely local tea room Serendipity will be serving fresh hand-made vegan cakes, savoury treats and some rather special Summer drinks. There will be beautiful items for sale including garlands, tutus and dream catchers, plus a Fairy Grotto in the basement offering fairy makeovers and workshops. Entry: FREE, no booking required.

www.facebook.com/SerendipitvSW16 t: @SerendipitySW16



LAMBETH GP FOOD COOP FOOD GROWING SESSIONS



#### Saturday 7 June, 11.30am and 1pm (half hour drop-in sessions)



Entry: FREE, no booking required.

t: @GPFoodCoop

# STREATHAM FOOD TOUR

#### Take a food tour of the world in Streatham on Thursday 5. Friday 6 and Saturday 7 June

Last year we launched the Streatham Food Tour and were thrilled with how popular it was. This year we continue to celebrate the wonderful variety of restaurants in the area and for three days only you can take a food tour of the world in Streatham, by popping into several local eateries for a plate of food. Twenty-nine venues will be serving miniplates of their signature dishes and specials for £2 to £5 each – so why not take the opportunity to try something new?

**We think this is a fantastic way to sample a load** of local eateries without breaking the bank or worrying you'll be stuck somewhere you don't like all evening." - Iondonist.com

> 6pm-10pm on Thursday 5 and Friday 6 June, plus 12pm-10pm on Saturday 7 June. Subject to availability.

Take the 'Food Tourist Challenge' to be in with a chance of winning dinner for two at the restaurant of your choice. Pick-up a scorecard from participating restaurants or grab one from our festival 'Tour Guides' who'll be located throughout Streatham wearing Food Festival branded aprons and chefs hats. This year you only need 3 restaurant stamps to be in with a chance of winning - but don't let that stop you from getting a lot more.

Join in the conversation #StreathamFoodTour



## The Railway

Popular family-friendly pub by Streatham Common station, serving tasty seasonal British classics and I ondon brewed ales. Spicy lamb kebab

> with tzatziki £3 Mini pulled pork in brioche bun £4

Mini warm Montgomerv cheddar. Somerset brie & Kentish Blue savoury cheesecake

£З 2 Grevhound Lane.

SW16 5SD · 020 8769 9448 www.therailwavsw16.co.uk

### The Pied Bull

The huge garden at this child-friendly local is a big draw, as is the games room and tasty pub grub!

Fish Cake served on a bed of baby spinach with wholegrain mustard sauce

 $f_{400}$ Angus beef burger slider & chips on a vennoise bun with salad, served with Steve's wholegrain mustard and Greek yogurt slaw.

£5.00 Mini Banoffee Pie everyone's favourite pudding!

£2 50

498 Streatham High Road SW16 3QB · 020 8764 4003 www.youngs.co.uk/pubs/

pied-bull

#### Safari

Popular restaurant and bar offering traditional Ghanaian dishes in a relaxed, friendly atmosphere.

**Spicy Jerk** 

A new addition to Streatham,

we're pleased to welcome

Spicy Jerk to the Food Tour.

Jerk chicken with rice & peas

£.5

Sea bass and butter sauce

£5

Spinach & mushroom pancakes

£2

114 Greyhound Lane

SW16 5RN · 020 8677 2446

Jollof rice or plain rice with chicken stew

£5 Chofi (turkey) and chef's special (chicken wings)

£5 Plain rice with either grilled tilapia or 2 kebabs or chef's special

£5 Please note:

the restaurant opens at 2pm on Saturday

440 Streatham High Road SW16 3PX · 020 8679 9055

#### (Italian / British) This popular independent bar continues to serve up stone-baked pizzas plus a new menu including pulled pork, sliders and the best in craft beers. Smoked barbeque ribs with homemade coleslaw £5

The Waterfront

Pulled pork slider £5 **Buffalo wings** with a blue cheese dip

426-428 Streatham High Rd SW16 3PX · 020 8764 1201 www.waterfrontbar.co.uk

£5

STREATHAM HIGH ROAD

TREATHAM

OKE

COMMON

#### Lebanese dishes. served with a smile in the heart of Streatham Hummus, moutabal, falafel, batata harra & bread

**Simply Lebanese** 

Freshly-made, authentic

£5 2 chicken and 2 lamb shish cubes, hummus, with sauce and bread £5

217 Streatham High Road SW16 6EN · 020 7998 3937 t: @SimplyLebanese

#### The Manor Arms A traditional pub with a cozy, relaxed environment, great food and a very warm welcome.

Our classic burger & fries iust a little smaller! £5 Mini fish & chips with tartar sauce

£5 A slice of pizza £4

13 Mitcham Lane SW16 6LQ · 020 3195 6888 www.themanorarms.com

Southern fried chicken strips

107-109 Streatham High Rd SW16 1HJ · 0208 769 3062 www.jdwetherspoon.co.uk

STRE

Road

The Holland Tringham

High street pub with a good

beer garden, serving a wide

range of food and drink at

pocket-friendly prices

**Buffalo wings** 

£4.49

British steak and kidney

pudding

£4.90

£3.80

**Rice Republic** A two minute stroll from Streatham Station, this friendly new restaurant offers a wide selection of home-made dishes.

squid

£2 50

£2.50

Deep fried salt and pepper £5 Salt & pepper broccoli Deep fried shredded duck

with spicy bean sauce £2.50

161 Streatham High Road SW16 6EG · 020 8677 7133 t: @RiceRepublic st

#### The Earl Ferrers Serving lunch, dinner and Sunday Roasts, this lovely local was featured in The Guardian's 'Top 10 best pubs in London'.

Broad bean and pistachio fritters with mint tzatziki

Crumbed chicken livers. sweetcorn and blueberry fritters with maple syrup and chorizo oil

Smoked haddock and macaroni cheese croquettes with roast pepper aoili

22 Ellora Road, SW16 6.IF 020 8835 8333 www.earlferrers.co.uk

**Hideaway Jazz Cafe** (World food)

Open all day, Hideaway offers an eclectic food menu and a wide range of drinks served against a backdrop

of Jazz Cashew nut. carrot and coriander burger

with halloumi cheese £5

Zanzibar Spice Island fishcake with sweet potato salad and coconut chutney £5

> Salt cod scotch egg with chorizo £5

225 Streatham High Road SW16 6EN · 020 8835 7070 www.hideawaylive.co.uk

203 Restaurant and Wine Bar An authentic taste of Africa

is on offer at this friendly 'home away from home' where fresh, tasty dishes are served with pride.

#### Garnished gizzard with plantain Jollof rice and fish £4 50 Asaro (a traditional yam

delight) with mixed stew £5.00

203 Streatham High Road SW16 6EG · 020 8677 0003 www.203nigerianrestaurant.com





# A VICTORIAN COOKING LESSON WITH RACHEL DE THAMPLE

#### Sunday 8 June, 11am–5pm Streatham Green, Streatham High Road, SW16 6HF

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Last year's Food Fair was a huge success and this year promises to be even bigger, better and more delicious! There's something for everyone at this day-long celebration of tasty local food and drinks - from Asian street food and boozy ice creams, to Mexican cocktails and artisan cakes.

SUNDAY FOOD FAIR



Plus you can enjoy a range of exciting activities including live music, face painting and free Supermalt samples. Learn how to grow-your-own at Growing Lambeth's stall or sign-up for a VegBox from Sutton Community Farm. Guys and St Thomas' Foundation Trust will be on hand to offer tips on healthy eating, while budding food entrepreneurs can get start-up advice from Tree Shepherd. Thirsty folk can visit

The Bean Machine for coffee and tea or Project Shine's licensed bar. Streatham Women's Sewing Group will present their latest project The Dress My Mother Wore and invite you to make your own miniature edible dress.



Cooking fans won't want to miss our demo tent where local chefs and enthusiastic cooks will share their top tips for delicious dining. Free demonstrations throughout the day.

#### Sweet treats

The Wren Sisters: locally-made artisan cakes KupKase: build your own cupcakes Drunken Dairy: boozy ice creams Divine Chocolate: delicious Fairtrade chocolate



#### **Spicy bites**

One Stop Jerky: jerk chicken and pork El Chico's: Mexican food and cocktails Bun Kabab: Pakistani street food Chas & Momo: Asian street food Peeps Treats: home-made chilli sauces Genny Graham: pepper jellies

#### Savoury delights

Elephant Bakehouse: sourdough bread and sandwiches Mean Green: veggie and vegan savouries Neriman Sanwiches: Hog Roast Fish Tale: BBQ'd fish. olives and salads Ladle & Larder: chutneys The Honest Carrot: veggie, vegan

and gluten-free food



#### Sunday 8 June. 10.30am-12.00pm Streatham Common Community Garden, The Rookery, SW16 3BZ

Join Rachel de Thample, local food writer and chef, for an outdoor cooking session. The group will look at ingredients popular during Victorian times including rhubarb, broad beans, cardoons, purple potatoes, golden beetroot and redcurrants (if they're ready in time!) with a quick recipe to go along with each.

The session will also look at how Victorians structured their meals, who cooked, and how class played a part. Mrs Beeton recipes will feature, along with other cooks of the day. The cooking demonstration will be followed by a food tasting and Q&A.

Entry: FREE but booking is essential by emailing streathamcommunitygarden@gmail.com

Presented by Streatham Common Community Garden and the Friends of Streatham Common as part of the Rookery Centenary Project with support from the Heritage Lottery Fund.

#### t: @SCCommGarden



#### Sunday 8 June, 8pm–11pm Boyce da Roca, 9 Leigham Hall Parade, Streatham High Road, SW16 1DR

To celebrate the end of the festival, Boyce da Roca invite you to a very special supperclub where they'll be serving traditional English food with a twist. Price: £35

BYO. Book in person at the café or email boycedaroca@yahoo.com. Bookings confirmed on receipt of payment. Vegetarian options available.

www.facebook.com/boycedaroca



Starter

Cornish crab soup

\* \* \*

Main

Pork fillet.

served with roasted peaches, parsnip purée & sweet potato purée

\* \* \*

Dessert

Rhubarb and custard

crumble parfait

\* \* \* Coffee

11

# SPECIAL RESTAURANT EVENTS

#### Saturday 7 June Pratts & Payne, 12pm-5pm SKABEQUE

Ska music and international BBQ'd food in the patio garden. Seasonal dishes will include meat, fish and veggie options, plus a choice of salads.

#### Price as per menu on the day.

To book: email prattsandpayne@anticlondon.com or call 020 8677 1664

#### The Pied Bull, 5pm.

#### **Traditional Pie-Eating Contest**

The challenge: eating large, tasty pies with no hands allowed! Veggie option available, but only to true vegetarians.

#### £5 (includes free drink).

To book: email piedbull@youngs.co.uk or pop into the pub.

#### The Earl Ferrers, 5pm until late

#### Jerk Mash Up!

The mighty Whitey's Jerk returns for one of their infamous mo' fo' Jerk Mash Ups! Local DJs select the choons while Whitey's smoke the free range chooks.

#### Price as per menu on the day.

No advance ticket required, but get down early because when the jerk's gone, it's gone.

#### The Waterfront, 8pm

#### 12 Buffalo Wings Challenge

Twelve of the hottest wings this side of Streatham. Eat all twelve wings to the bone and we'll foot the bill for your pain. £10.

Call 0208 764 1201 to book a hot seat for the challenge



**Tearooms** Open from 9am Mon day to Saturday Coffee, cake & brunch Tearoom Library

Addomme

#### The Railway

2 Greyhound Lane Streatham Common SW16 5SD

**Good locals** 

deserve a

good local.

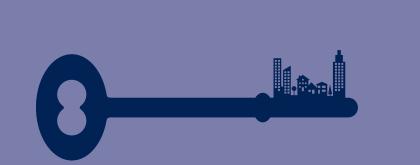
020 87699448 info@therailwaysw16.co.uk www.therailwaysw16.co.uk

# Spring into Action!

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If you are contemplating selling or letting your property in Spring and would like some expert advice on the current market conditions...

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#### Winkworth

# Neapolitan Trattoria & Wood Fired Oven Pizzeria Addomme 0208 678 8496 Pizzeria & Trattoria

Addommè Pizzeria & Trattoria brings a unique taste of the Neapolitan cuisine and a combination of modern/classic Italian dishes, simple and delightful.

Delivery available SW2. SW16 free of charge. Minimum order from £20.00

Opening Hours: Tuesday to Saturday 6pm to 11pm Sunday all day from 12noon to 11pm

17-21 Sternhold Avenue, Streatham Hill, London SW2 4PA www.addomme.co.uk www.facebook.com/addomme | @PizzaAddomme



Our outstanding, family-run nursery looks after children from 6 months – rising 5

✤ Open 8am – 6pm weekdays

- 🔆 Huge garden
- Good transport links just 5 minutes from Streatham Common & Streatham Stations

Come and see for yourself arrange a visit on 020 8835 8500 www.cavendishlodgenursery.co.uk



Open for food, wine and coffee, seven days a week, all delivered to the sounds of jazz legends, soul icons and funk favourites. Serving breakfast, lunch, dinner and drinks, it provides the same laid-back environment which our main venue has become famous for! 225 Streatham High Rd, SW16 6EN 020 8835 7070 events@hideawaylive.co.uk www.hideawaylive.co.uk



OPEN SEVEN DAYS A WEEK: 11am - 11pm

Free home delivery from 5.30pm to 10.30pm Within 3 miles - Minimum order £20



O20 7998 4742 | 53a Streatham Hill, SW2 4TS www.ililirestaurant.co.uk





Fresh, grilled and healthy vibrant street food from around the world.

118 Streatham Hill, London SW2 4RS | 020 8671 8778 Eat-in, collection and take-away available daily 11am-11pm! View our menu here www.rpp-uk.com/restaurants/streatham-hill



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13 MITCHAM LN, LONDON SW16 6LQ | 020 3195 6888 | THEMANORARMS.COM FACEBOOK.COM/MANORARMS F

# Looking for something special?

Discover all our amazing local businesses including: independent boutiques, cosy cafes, popular restaurants, the big chains and MUCH MORE.



InStreatham, your local Business Improvement District, is supporting and improving our local high street. Get the info you need to plan your shopping plus special offers and news updates on the inStreatham website:

#### www.instreatham.com

1 Hideaway Mews, Streatham, SW16 2BF : 020 8835 7067 : info@instreatham.com

#### A big Thank You to everyone who has helped to make this year's festival happen:

Sponsors inStreatham, Winkworth, Thompson Vales, Morrisons Partners Streatham Common Community Garden, The White Lion, Lambeth Weekender, Heart Streatham, Lambeth Food Partnership, Sutton Community Farm In-kind support Divine Chocolate, ODEON Streatham Festival Team Pauline Milligan (festival director), Anna Nolan (event support and social media), Zoe Robinson (copywriter), Ben Spencer (event and volunteer manager), Kate Keara-Pelen (designer), Laura Yates (designer) Volunteers Anthony Ellis (website), plus many more in the run-up and throughout the festival Photography Ben Carpenter, Tom Baker, Tara Abidi, Louise Norton, Robert Sargent, Neil Cheshire Suppliers Project: SHINE Special thanks Lambeth Events and Lambeth's Food Safety team, Starving Arts Events www.starvingarts.co.uk All details correct at time of going to press. Please check the website for updates before attendance and visits.

